

Reeling & Healing Midwest

Fly-Fishing Wellness Retreats for Women Surviving Cancer



2018 Retreat Schedule



Michigan Fly Fishing Wellness Retreats

Sunday, July 15th - Tuesday, July 17th

Au Sable River, Grayling, MI

Sunday, August 5th - Tuesday, August 7th

Au Sable River, Grayling, MI

Sunday, August 12th - Tuesday, August 14th

Au Sable River, Grayling, MI

Sunday, August 26th - Tuesday, August 28th

Au Sable River, Grayling, MI

Renew Spirit. Renew Hope. Fish On!

In the fishing world, you often hear **“Fish On!”** when a fish is hooked. It marks the beginning of a battle with something wild and unknown. To women battling and surviving cancer, who have participated in our fly fishing wellness retreats, it means much more.

To them, “Fish On!” is a statement of action. “Fish On!” means I will embrace life and thrive in my survivorship. It means I will continue fighting. Continue healing. Continue living.

We are **Reeling & Healing Midwest** and our unique fly fishing wellness retreats bestow the “Fish On!” spirit to women battling and surviving cancer. We focus on creating ways to apply the amazing art of fly fishing to encourage cancer survivors on their journey toward physical, emotional and spiritual healing.

Reeling & Healing Midwest is a 501(c)(3) non-profit organization championing fly fishing wellness retreats for women battling or recovering from cancer.

Our mission is to introduce these women to the healing powers of fly fishing by providing a one-of-a-kind experience, on and off the river, which renews their spirit and hope through the combined elements of fly-fishing, nature, peer coaching, positive camaraderie and support.

Retreats are led by professional facilitators and certified fly-fishing instructors. The cost for a new participant to attend a retreat is \$30. All equipment, lodging and meals are provided. Scholarships are available. No prior fishing experience is required.

Renew Spirit. Renew Hope.

FISH ON with Us!

www.FishOn.org

616-855-4017

info@FishOn.org



Hello from Reeling & Healing Midwest

PLEASE SHARE WITH A SURVIVOR!

2018 NEW PARTICIPANT RETREATS HAVE AVAILABILITY

Our summer of fly fishing wellness retreats for women diagnosed with or surviving cancer is here! Please help get the word out about our retreat programs!

- Share this information to a survivor.
- Share this information with your support group.
- Pass the information along to doctors, nurses, counselors.

We invite survivors to take the plunge and join us for some fun, renewal, joy, peace and the opportunity to learn how to fly fish in a safe and positive environment.

Our retreats are open to any woman, 18 years or older, who is battling or surviving ANY type of cancer and has not attended any of our retreat programs in the past. From newly diagnosed to a 20+ year survivor, all are welcome.

We have openings on the following retreat dates:

MICHIGAN

Grayling, MI - Au Sable River

- Sunday, July 15th - Tuesday, July 17th
- Sunday, August 5th - Tuesday, August 7th
- Sunday, August 12th - Tuesday, August 14th
- Sunday, August 26th - Tuesday, August 28th

Arrival is between 2:00 pm and 4:00 pm on the first day of the retreat. Retreats end by 1:00 pm on the third day.

We provide riverside lodging, all meals, snacks, beverages, equipment, instruction and more. Cost is \$30 registration fee and \$8.00-\$10.00 for a fishing license (depends on age and residency).

Approximately 95% of the women who participate at our retreats have never fly fished. Also, 80% attend on their own, others participate with a fellow cancer survivor.

Wading is relatively easy with clear water at knee-level and a rock and sand riverbed.

Need more details? Have questions or concerns? Call 616-855-4017, email info@ReelingandHealing.org, or visit FishOn.org.

Renew Spirit. Renew Hope. Fish On!

